





CALL & COLLECT MENU

Freshly Cold Pressed Juice / Very Berry Smoothie (2)	€4.50
Homemade Granola – Greek Yoghurt, Berry Compote (1F, 2, 4A, 4C, 4T)	€5.90
Berry Acai Bowl – Topped with Toasted Coconut Chunks, Kick'n the Nuts Granola, Chai Jam,	
& Cocoa Hazelnut Crumb (1F, 2, 4B, 4C, 4T, 12)	… €7. 90
Organic GF Porridge With Berry Compote, Almonds & Honey (2, 4A, T)	€7.90
Overnight Oats Special Oats Soaked in Apple Juice with Blueberry Compote, Greek Yoghurt,	
Honey & Almond Butter, Raspberries, Toasted Pistachios (2, 4A, 4F, 4T)	€7.90
Organic GF Porridge With Peanut Mascarpone, Berry Compote, Char-grilled Pineapple,	
Lime Infused Maple Syrup, Toasted Almonds, Cinnamon Sugar (2, 3, 4A, 4T, 10)	
Benedict – Poached Eggs, Breakfast Muffin, Crispy Bacon, Hollandaise Sauce (1A, 2, 3, 4T, 9, 13)	
Add Spinach (2)	.+ €1.50
Add Sausage (1F, 13)	.+€3.00
Buttermilk Pancakes <u>or</u> Brioche French Toast	
– With Crispy Bacon, Organic Canadian Maple Syrup, Cinnamon Sugar (1A, 2, 3, 4T)	
– Peanut Mascarpone, Berry Compote, Char-grilled Pineapple, Toasted Almonds, Lime Infused Maple Syrup,	
& Cinnamon Sugar (1A, 2, 3, 4A, 4T, 10)	. €11.90
Warm Herb Potato Salad with Black Pudding, Bacon Lardons, Herb Baby Potatoes, Poached Egg, Red Pepper,	
Parmesan, Lemon Oil (1F, 2, 3, 4T)	. €11.90
Smashed Avocado on Sourdough – With Feta Cheese, Rocket, Add Poached or Scrambled Eggs,	
Pickled Radish, Toasted Seeds, Roast Cashew & Peanut Dressing (1B, 2, 3, 4C, 4T, 10, 13)	€12.90
Korean Style Chicken – Sesame Seeds, Chilli & Soya Dressing on a Brioche Bun, with a Carrot & Celeriac Slaw,	
Cos, Lime Mayo, Served with House Fries (1A, 2, 3, 4T, 5, 9, 12, 13)	€15.90
Hereford Beef Burger – With Onion Relish, Cheddar Cheese, Bacon, Rocket	
Served with House Fries (1A, 2, 3, 4T, 6, 9, 13)	. €16.90
Chicken Caesar – Crispy Bacon, Cos Leaves, Roast Pumpkin Seeds, Parmesan, House Dressing (2, 3, 4T, 13)	. €11.90
Superfood Salad - Quinoa, Sweet Potato & Chilli Hummus, Green Bean, Broccoli, Walnuts, Sunflower Seeds	,
Pumpkin Seeds, Candied Beetroot, Mixed Leaves, Feta Cheese, Served with Balsamic & Mint Dressing (2, 4H, 1	2, 13)
With Chicken (2) <u>or</u> With Falafel Balls (1A)	€11.00
Add Chicken (2) <u>or</u> Add Falafel Balls (1A)	.+€2.00
Mini French Toast – With Bacon & Maple Syrup (1A, 2, 3, 4T) or Nutella (2, 4B, 9)	€8.90
Mini Pancakes (Subject to Availability) – With Bacon & Maple Syrup (1A, 2, 3) or Nutella (2, 4B, 9)	
Bacon or Sausage (1F, 13) & Toast (1A)	
Ham & Cheese Toasty – With Fries (1A, 2)	€8.90
Chicken Goujons (1A, 2) or Sausage (1F, 13) & Fries	
Cheeseburger & Fries (1A, 2, 4T, 12, 13)	€8.90

SIDES:

Sweet Potato Fries Served with Spicy Mayo (3)	€5 . 90
Skinny Fries Served with Garlic Mayo (3)	
Cajun Fries Served with Regular Mayo (3, 5)	
Clonakilty Black Pudding or White Granby Pudding (1F, 4T)	
Garlic Mayo or Spicy Mayo (3)	

Most of our dishes can be cooked GF. All our beef is of Irish origin.

Food Allergens:

1 – Gluten: A – Wheat. B – Spelt. C – Khorasan. D – Rye. E – Barley. F – Oats. 2 – Milk. 3 – Eggs.
4 – Nuts: A – Almonds. B – Hazelnuts. C – Cashew. D – Pecan. E – Brazil. F – Pistachio. G – Macadamia. H – Walnuts. T – Traces. 5 – Celery. 6 – Mustard.
7 – Crustaceans: A – Crab. B – Lobster. C – Crayfish. D – Shrimp. 8 – Fish. 9 – Soya. 10 – Peanuts. 11 – Molluscs. 12 – Sesame. 13 – Sulphur Dioxide. 14 – Lupen.
All allergens are openly used throughout our kitchen, trace amounts may be present at all stages of cooking.







VP TAKE AWAY SANDWICHES

SOUP	
Soup Of The Day (Contains Dairy & Celery)€4.50)
SANDWICHES	
Chicken Goujons With Cos, Red Onion, Cheddar, Mayo (Wrap) €8.90 (1A, 2, 3, 4T,13))
Granby Sausage On Buttered Blaa With Relish)
Granby Sausage & Fried Egg On Buttered Blaa With Relish€8.90 (1A,1F, 2, 3, 4T,13))
Breakfast Bap – Crispy Bacon, Granby Sausage, Fried Egg, Buttered Waterford Blaa, Tomato Relish (1A, 1F, 2, 3, 4T, 13) €9.90)
Toastie – Baked Ham, Dubliner Cheese, Mayo, Tomato, Red Onion On Sourdough (1A, 2, 3, 13))
Chicken Caesar Sandwich – Crispy Bacon, Cos Leaves, Roast Pumpkin Seeds, Parmesan, House Dressing (2, 3, 4T, 13) €8.90 Available As A Wrap (1A) Or Spelt (1B))
7 Falafel Wrap With Red Onion, Red Peppers, Rocket, Garlic Mayo, Sweet Chilli Sauce (1A, 2, 3, 4T, 9, 13) €8.90)
Superfood Wrap Quinoa, Sweet Potato & Chilli Hummus, Green Bean, Broccoli, Walnuts, Sunflower Seeds, Pumpkin Seeds, Candied Beetroot, Mixed Leaves, Feta Cheese, Served With Balsamic & Mint Dressing (2, 4H, 12, 13) With Chicken (2) Or With Falafel (1A) €8.90	
BLT – Crispy Bacon, Cos, Tomato, Garlic Mayo On Sourdough €8.90 (1A, 2, 3, 13))