



# THE VANILLA POD

## ALL DAY BRUNCH

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| <b>Homemade Fruit / Pear &amp; Almond Scone</b> (1A, 2, 3, 4) . . . . .  | €4.50 |
| <b>Croissant / Almond Croissant / Pain Au Chocolat</b> (1A, 2, 3, 4) . . . . .   | €4.50 |
| <b>Very Berry Smoothie</b> (2) . . . . .   | €4.50 |
| <b>Homemade Granola</b> – Citrus Greek Yoghurt, Strawberries,<br>Organic Maple Syrup (2, 4A, 4C, 4T) . . . . .   | €9.90 |
| <b>Berry Acai Bowl</b> – House Granola, Soya Yoghurt, Banana,<br>Chai Jam, Roast Cocoa Hazelnut Crumb, Peanut Butter,<br>Coconut Chunks, (4B, 4C, 4T, 9, 10, 12) . . . . .               | €9.90 |
| <b>Organic GF Porridge</b> – With Berry Compote, Almonds<br>& Honey (2, 4A, T) . . . . .   | €9.90 |
| <b>Overnight Oats Special</b> – Oats Soaked in Apple Juice With<br>Blueberry Compote, Greek Yoghurt, Honey & Almond Butter,<br>Raspberries, Toasted Pistachios (2, 4A, 4F, 4T) . . . . . | €9.90 |
| <b>Organic GF Porridge</b> – With Peanut Mascarpone, Berry Compote,<br>Char-grilled Pineapple, Lime Infused Maple Syrup,<br>Toasted Almonds, Cinnamon Sugar (2, 3, 4A, 4T, 10) . . . . . | €9.90 |

## EGGS

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| <b>Free Range Eggs &amp; Toast</b> . . . . .  | €7.90  |
| Choose from Poached (3), Fried (3) or Scrambled (2, 3)<br>on Sourdough (1A, 1B, 1E, 1F, 9) or Spelt Bread (1A, 1B, 1E, 12, 14)<br>Add <b>Bacon</b> (13) + €3.50   Add <b>Sausage</b> (1F, 13) + €3.50<br>Add <b>Chilli Avocado</b> + €3.50   Add <b>Smoked Salmon</b> (8) + €5.00 |        |
| <b>Benedict</b> – Poached Eggs, Breakfast Muffin, Crispy Bacon,<br>Hollandaise Sauce (1A, 2, 3, 4T, 9, 13) . . . . .  | €15.90 |
| Add <b>Spinach</b> (2) + €3.00   Add <b>Sausage</b> (1F, 13) + €3.50  |        |
| <b>Potted Smoked Salmon</b> – With Crème Fraîche, Sourdough Crumpet,<br>Poached Eggs, Hollandaise Sauce, Shallot, Caper, Tomato Herb<br>Dressing, Watercress (1A, 2, 3, 4T, 8, 9, 13) . . . . .   | €17.90 |
| <b>Breakfast Bag</b> – Crispy Bacon, Granby Sausage, Fried Egg,<br>Buttered Waterford Blaa, Tomato Relish, Fries (1A, 2, 3, 4T, 13) . . . . .   | €15.90 |
| <b>Warm Herb Potato Salad</b> – With Black Pudding, Bacon Lardons,<br>Herb Baby Potatoes, Poached Egg, Red Pepper, Parmesan,<br>Lemon Oil (1F, 2, 3, 4T) . . . . .  | €16.90 |
| <b>Smashed Chilli Avocado</b> – With Sourdough, Tomato Jam,<br>Hot Honey Yoghurt, Savory Granola, Rocket,<br>Crumbed Feta, Pickled Red Onion, With a Choice of<br>Poached or Fried Eggs (1A, 2, 3, 4A, 4T, 9, 12, 14) . . . . .   | €16.90 |
| Add <b>Bacon</b> (13) + €3.50   Add <b>Smoked Salmon</b> (8) + €5.00  |        |
| <b>VP Full Breakfast</b> – With Fried Egg, Granby Sausage, Bacon,<br>Black & White Pudding, Roast Tomato, Potato Hash,<br>Mushroom & Toast (1A, 1F, 2, 3, 13) . . . . .   | €15.90 |

## PANCAKES OR FRENCH TOAST

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| <b>Buttermilk Pancakes or Brioche French Toast With:</b>   |        |
| – <b>Crispy Streaky Bacon</b> , Caramel Miso, Banana & Maple<br>Mascarpone, Candied Pecan Crumb, Maple Syrup (1A, 2, 3, 4D, 4T) . . . . .                            | €15.90 |
| – <b>Peanut Mascarpone</b> , Berry Compote, Char-grilled Pineapple,<br>Toasted Almonds, Lime Infused Maple Syrup,<br>Cinnamon Sugar (1A, 2, 3, 4A, 4T, 10) . . . . . | €15.90 |

## LUNCH

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| <b>Goats Cheese &amp; Red Onion Confit Tart</b> – Candid Beetroot & Orange<br>Dressing, Balsamic Reduction, Rocket Salad (1A, 2, 4T, 13) . . . . .   | €16.90 |
| <b>Spicy Beef Burrito Bowl</b> – With Black Bean Rice, House Avocado,<br>Baby Spinach, Pico De Gallo, Crème Fraîche, Corn Chips (2) . . . . .  | €17.90 |
| <b>Korean Style Chicken</b> – Sesame Seeds, Chilli & Soya Dressing on<br>a Brioche Bun, With a Carrot & Celeriac Slaw, Cos, Lime Mayo,<br>Served With Skinny Fries (1A, 2, 3, 4T, 5, 9, 12, 13) . . . . .                                | €18.90 |
| <b>VP Beef Burger</b> – With Cheese, Smoked Bacon Jam,<br>Crispy Pickles, Rocket, Homemade Burger Sauce<br>– Served With Skinny Fries & Garlic Mayo (1A, 2, 3, 4T, 6, 9, 13) . . . . .   | €18.90 |
| <b>Chicken Caesar</b> – Crispy Bacon, Cos Leaves, Roast Pumpkin Seeds,<br>Parmesan, House Dressing (2, 3, 4T, 13) . . . . .  | €16.90 |
| <b>Superfood Salad</b> – Quinoa, Roast Sweet Potato, Pomegranate,<br>Green Beans, Broccoli, Walnuts, Sunflower & Pumpkin Seeds,<br>Candied Beetroot, Mixed Leaves, Feta Cheese, Balsamic &<br>Mint Dressing (2, 4H, 9, 12, 13) . . . . . | €16.90 |
| With <b>Chicken</b> (2) or With <b>Falafel Balls</b> (1A) . . . . .  | €16.90 |

## SANDWICHES

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| All Served With a Choice of <b>Soup</b> , (2, 5) <b>Fries</b> or<br><b>Sweet Potato Fries</b> (+ €0.50) Served on Your Choice of Bread<br>– <b>Wrap</b> (1A), <b>Spelt</b> (1A, 1B, 1E, 12, 14) OR <b>Sourdough</b> (1A, 1B, 1E, 1F, 9)  |  |
| <b>Spicy Beef Burrito Wrap</b> – With Black Bean Rice, House Avocado,<br>Baby Spinach, Cheddar, Served With Crème Fraîche (1A, 2)  |  |
| <b>Falafel Wrap</b> – With a Roast Pepper & Almond Mayo,<br>Baby Spinach, Red Onion, Pomegranate (1A, 3, 4A, 4T, 9, 13)  |  |
| <b>Chicken Caesar</b> – With Crispy Bacon, Cos Leaves,<br>Roast Pumpkin Seeds, Parmesan, House Dressing (2, 3, 4T, 13)   |  |
| <b>Superfood Salad Wrap</b> – With Quinoa, Roast Sweet Potato,<br>Pomegranate, Green Bean, Broccoli, Walnuts, Sunflower &<br>Pumpkin Seeds, Candied Beetroot, Mixed Leaves, Feta Cheese,<br>Balsamic & Mint Dressing (2, 4H, 9, 12, 13)<br>With <b>Chicken</b> (2) or With <b>Falafel Balls</b> (1A) |  |
| <b>Cornflake Chicken Goujons</b> – Cos, Red Onion, Cheddar, Mayo (1A, 2, 3, 4T, 13)  |  |
| <b>House Toastie</b> – With Baked Ham, Dubliner Cheese, Tomato, Mayo,<br>Red Onion on Sourdough (1A, 1B, 1E, 1F, 2, 3, 13)   |  |

## KIDS MENU

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| <b>Mini French Toast</b><br>With <b>Bacon &amp; Maple Syrup</b> (1A, 2, 3, 4T) OR <b>Nutella</b> (2, 4B, 9) . . . . .                   | €9.90 |
| <b>Mini Pancakes</b> (Subject to Availability)<br>With <b>Bacon &amp; Maple Syrup</b> (1A, 2, 3) OR <b>Nutella</b> (2, 4B, 9) . . . . . | €9.90 |
| <b>Bacon or Sausage</b> (1F, 13) & <b>Toast</b> (1A) . . . . .  | €8.90 |
| <b>Ham &amp; Cheese Toastie</b> (1A, 2) & <b>Fries</b> . . . . .  | €9.90 |
| <b>Cornflake Chicken Goujons</b> (1A, 2, 3) OR <b>Sausage</b> (1F, 13) & <b>Fries</b> . . . . .   | €9.90 |
| <b>Cheeseburger &amp; Fries</b> (1A, 2, 4T, 12, 13) . . . . .   | €9.90 |

## SIDES

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| <b>Sweet Potato Fries</b> Served With Spicy Mayo (3) . . . . . | €6.90 |
| <b>Skinny Fries</b> Served With Garlic Mayo (3) . . . . .      | €5.90 |
| <b>Cajun Fries</b> Served With Regular Mayo (3, 5) . . . . .   | €5.90 |
| <b>Garlic Mayo</b> or <b>Spicy Mayo</b> (3) . . . . .          | €2.00 |
| <b>Extra Maple Syrup</b> . . . . .                             | €2.00 |

### Food Allergens:

1 – Gluten: A – Wheat. B – Spelt. C – Khorasan. D – Rye. E – Barley. F – Oats. 2 – Milk. 3 – Eggs.  
4 – Nuts: A – Almonds. B – Hazelnuts. C – Cashew. D – Pecan. E – Brazil. F – Pistachio. G – Macadamia. H – Walnuts. T – Traces. 5 – Celery. 6 – Mustard.  
7 – Crustaceans: A – Crab. B – Lobster. C – Crayfish. D – Shrimp. 8 – Fish. 9 – Soya. 10 – Peanuts. 11 – Molluscs. 12 – Sesame. 13 – Sulphur Dioxide. 14 – Lupen.  
All allergens are openly used throughout our kitchen, trace amounts may be present at all stages of cooking.